

2020 Pedal with a Purpose : Spin-a-thon FAQ's

Where is Pedal with a Purpose?

RecPlex, 420 W. Dempster Street, Mt Prospect IL 60056

Where do I check in?

Please arrive at least 10 minutes before your scheduled time to ride. Follow signs for the check-in desk to sign our waiver and get further instructions

Are there locker rooms?

If you wish to simply store small items such as your coat and purse, we will "hold" your belongings during your ride. If you wish to shower after your ride time, you are welcome to use the locker rooms by the pool.

Can people sign up on the day of the event to ride?

The event is sold out. However, if someone is a "no show", we can accomodate walk-ins. \$20 fee still applies.

Can I bring friends and family to the event?

Yes! We would love to see as many people as possible come and support you and our event.

Am I riding for the whole hour, or can I share the bike?

Everyone registered has been assigned a bike for the hour. Only registered riders can participate, so if you wish to share the time, additional riders must register.

What if I can't keep up with the instructor?

Our certified Spin instructors will lead you through a safe and fun workout. Please pedal at your own pace, rest if you need to, this is a fun event for all, our instructors will cue and show modifications.

Are there other activities going on during the event?

Raffle tickets are available for purchase. Reward yourself after your ride by purchasing some sweet treats from the District 57 Fifth Grade Bake Sale.

Do I get anything for participating?

Yes! Please collect your "swag bag" including your Pedal with a Purpose t-shirt, AFTER your ride time. When you pick up your belongings from the check-in area, we will have them there for you.

Light refreshments will be available to registered riders to enjoy after their completed ride. (Having a full stomach before you ride is discouraged)