

**SAFETY PROTOCOLS FOR  
IN-STUDIO DANCE CLASSES**  
**(Updated as of January 21, 2021)**

These procedures and guidelines are designed to keep our studios as clean and safe as possible for dancers and faculty, while participating in dance classes at the studios.

**BEFORE YOU LEAVE HOME**

- Dancers should review the “Know Before You Go” dancer check list:  
<https://www.mppd.org/wp-content/uploads/2020/08/Know-Before-You-Go-Dancer-Check-List-for-Fall-2020.pdf>
- Dancers should come to the studio fully dressed with hair done.
- Dancers who are not feeling well should stay home. Participants must be fever free without medication for 24 hours before returning to classes.

**DANCER DROP-OFF AND PICK-UP**

- Please review the details of dancer drop-off/pick-up protocol for the studio your dancers’ class is meeting at prior to the first day of classes. Please note that there are differences depending on which building your class is held at.
  - At **RecPlex**, only registered participants and instructors will be allowed in the dance studios. If parents/caregivers enter the facility, face masks are required. Parents/caregivers must leave the building while dancers are in class.  
Here is a link to everything you need to know about drop-off and pick up for dance classes at RecPlex:  
<https://www.mppd.org/wp-content/uploads/2020/08/Fall-2020-RPX-Drop-Off-Pick-Up-instructions-8.20.20.pdf>
  - **Lions Recreation Center** will only be open for dance classes, therefore, **only** registered participants and instructors will be allowed in the building.  
Here is a link to everything you need to know about drop-off and pick up for dance classes at Lions:  
<https://www.mppd.org/wp-content/uploads/2020/08/Fall-2020-LRC-Drop-Off-Pick-Up-Instructions-8.20.20.pdf>
- Before dancers are admitted to the studio, three health questions must be answered by parents on behalf of all dancers under the age of 18 prior to the dancer being admitted to class each day. Parents may answer these questions in person to the instructor, or may complete MPPD’s Daily Health Screening Form and send a signed copy to class with the dancer. Here is a link to a copy of MPPD’s Daily Health Screening Form:  
<https://www.mppd.org/wp-content/uploads/2021/01/Daily-Health-Screening-Form-1.8.21.pdf>
- Dancers without a form or a parent’s verbal responses logged cannot be admitted to the studio.
- Instructors will dismiss dancers in small groups and escort them to the pick-up location at the end of class.
- Dancers may not wait in the building if they have a break between classes. Please make arrangements for a ride or outdoor supervision.



## **IN THE STUDIO**

- Dancers will be required to wear masks or face coverings at all times. We ask everyone to keep their mask on while dancing, because wearing a mask is the safest for everyone. Last Summer and Fall, dancers and faculty adjusted to this “new normal” extremely well by making some minor adjustments to how we teach/take class, such as more frequent dancer check-ins, water breaks and having dancers perform combinations in alternating groups.
- To support social distancing, dancers will have marked spaces for shoes, dance bags etc. at each studio. Dancers should only bring necessary items with them.
- Dancers will be assigned to a space at the barre or center by the instructor, and all dance spaces will be taped off clearly to allow social distancing.
- Hand sanitizer will be available in each studio. Dancers are encouraged to bring their own if they prefer. Before class begins, all dancers will use hand sanitizer. Dancers will also use hand sanitizer during class as needed and prior to class dismissal.
- Dancers are asked to bring yoga mats from home for classes with floor work.
- Dancers should bring a water bottle from home to class, labeled with the dancer’s name, as the use of water fountains are prohibited at this time.
- If dancers have back-to-back classes, they may bring a snack from home, but any food should be in single use containers to be thrown out after each meal.

## **CLEANING PROCEDURES**

- A deep clean of each studio will be done before classes begin each day by MPPD maintenance.
- All high touch surfaces including barres will be disinfected between each class by the instructors.
- Bathrooms at both Lions Recreation Center and RecPlex will be cleaned by MPPD maintenance staff throughout the day.