



## Fall & Winter Lap Lane Schedule

————— Please be respectful and use lap swim etiquette —————

### Oct. 2-Mar. 10

<b>Monday</b>	6:00-8:50 AM	11:15 AM-5:00 PM	
<b>Tuesday</b>	6:00-8:50 AM	11:15 AM-4:30 PM	7:30-9:00 PM
<b>Wednesday</b>	6:00-8:50 AM	11:15 AM-5:00 PM	
<b>Thursday</b>	6:00-8:50 AM	11:15 AM-4:30 PM	
<b>Friday</b>	6:00-8:50 AM	11:00 AM-5:00 PM	7:30-9:00 PM
<b>Saturday</b>	7:00 AM-2:00 PM		
<b>Sunday</b>	7:00-9:15 AM	12:30-2:00 PM	

### Extra Evening Hours

Tuesday, Dec. 26 • Thursday, Dec. 28 • Tuesday, Jan. 2 • Thursday, Jan. 4  
Lap swim will be extended 11:15 AM-9:00 PM (after morning AquaFit)

### Holidays

<b>Thursday, Nov. 23</b>	7:00 AM-12:00 PM
<b>Friday, Nov. 24</b>	Normal Hours
<b>Sunday, Dec. 24</b>	7:00 AM-12:00 PM
<b>Sunday, Dec. 31</b>	7:00 AM-1:00 PM
<b>Monday, Jan. 1</b>	7:00 AM-1:00 PM

## Lap Swim Etiquette

- Lap swim is for ages 18 and older.
- 2 swimmers should split the lap lane.
- 3 or more swimmers must circle swim.
- Introduce yourself to your lap mates and announce your intention to circle swim.  
All swimmers swim to the right side of the lap lane and pass slower swimmers to the left.
- The best place to stop is in the corner of the lane at the wall.
- Water walkers and exercisers are welcome to use the lap lanes when lap swimmers are not present.
- Walker/exercisers must promptly leave the lap lanes and move to the open pool when lap swimmers come to use the lane.

