



Group Fitness Pop-Ups

● ● **NOV 19**

DEC 17 ● ●

● ● **JAN 14**

FEB 11 ● ●

11:00-11:50 AM

Classes are included with your All In Membership or Group Fitness 10-Pack!

Single Class Fee \$10 | All In Membership R \$55 NR \$65

RecPlex Studio 200 | Instructor Heather

WERQ is the wildly addictive cardio dance workout based on trending pop and hip hop music. Our mission is to create a judgement-free dance space built on good vibes, a great sweat, and a supportive community.

