



847-640-1000 | 420 W. Dempster Street

Pre Summer Lap Lane Schedule

Please be respectful and use lap swim etiquette ————

May 6-May 26

Monday	6:00-8:50 AM	11:15 AM-5:15 PM	
Tuesday	6:00-8:50 AM	11:15 AM-9:00 PM	
Wednesday	6:00-8:50 AM	11:15 AM-5:15 PM	
Thursday	6:00-8:50 AM	11:15 AM-9:00 PM	
Friday	6:00-8:50 AM	11:00 AM-9:00 PM ——	Limited lanes on select evenings due to Programming
Saturday	7:00-9:00 AM	10:00 AM-2:00 PM —	No lap swim from 9:00-10:00 AM on select AquaFit Pop Up dates
Sunday	7:00-2:00 PM		Saturday, 10:00 AM-2:00 PM: 2 lap lanes reserved for private lessons

Due to Aquatic and lifeguard training, lane availability and pool space is reduced and limited on select dates:

• May 10, 12, 17, 19, 24 & 26: Limited lanes due to lifeguard certification classes

Community Open Swim

Saturday, May 11

10:30 AM-1:30 PM

Lap Swim Etiquette

- · Lap swim is for ages 18 and older.
- 2 swimmers should split the lap lane.
- 3 or more swimmers must circle swim.
- Introduce yourself to your lap mates and announce your intention to circle swim.
 All swimmers swim to the right side of the lap lane and pass slower swimmers to the left.
- The best place to stop is in the corner of the lane at the wall.
- Water walkers and exercisers are welcome to use the lap lanes when lap swimmers are not present.
- Walker/exercisers must promptly leave the lap lanes and move to the open pool when lap swimmers come to use the lane.
- Lap Swimmers must promptly leave lane section 1-2 and move to lanes 3-8 when walkers/exercisers come to use the space.

