



847-640-1000 | 420 W. Dempster Street

Summer Lap Lane Schedule

Please be respectful and use lap swim etiquette

August 3 - August 16

MPPD CAMP SWIM
M-F from 1:00PM-2:30PM

Monday	5:30-8:50 AM	11:30 AM-8:45 PM
Tuesday	5:30-8:35 AM	10:45AM-8:45 PM <i>(3 lap lanes due to Aquafit 6:45-7:30PM)</i>
Wednesday	5:30-8:50 AM	10:15 AM-8:45 PM
Thursday	5:30-8:35 AM	11:30 AM-8:45 PM
Friday	5:30-8:50 AM	11:15 AM-7:45 PM
Saturday	7:00 AM-3:45 PM	<i>(8/8- 2 lap lanes due to Aquafit Pop-Up 9-10am)</i>
Sunday	7:00 AM-3:45 PM	



Community Open Swim

Saturdays 12:00-3:00 PM

(Tot Pool Closed from 1-2pm)

RecPlex Annual Shutdown

Monday 8/17- Sunday 9/6

Meadows Lap Lane Schedule Forthcoming

Members will have access to Prairie Lakes Indoor Pool 8/17-9/6

Lap Swim Etiquette

Lap swim is for ages 18 and older | 2 swimmers should split the lap lane | 3 or more swimmers must circle swim

Introduce yourself to your lap mates and announce your intention to circle swim. All swimmers swim to the right side of the lap lane and pass slower swimmers to the left. The best place to stop is in the corner of the lane at the wall.

Water walkers and exercisers are welcome to use the lap lanes when lap swimmers are not present.

Walker/exercisers must promptly leave lanes 3-8 and move to lanes 1-2 when lap swimmers come to use the lanes.

Lap Swimmers must promptly leave lanes 1-2 and move to lanes 3-8 when walkers/exercisers come to use the space.