AquaFit Food Drive

Thanksgiving Day

Nov. • 26 • 2026

Aquabata with Loree

10:00-10:50 AM @ RecPlex



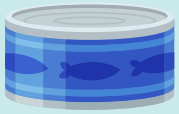


Bring Family and Friends

No membership or daily fee required

Please bring 3 canned goods for class entry!

Donations will be brought to the
Village of Mount Prospect food pantry



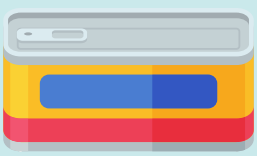




Most Needed Items:

- Canned Fruit/Fruit Cups
- Canned Beef Stew, Chicken & Dumplings, SPAM etc.
- Canned Meats/Tuna
- Canned Ravioli & Spaghetti
- Cookies
- Crackers
- Tomato Sauce & Spaghetti Sauce
- Jam & Jelly
- Instant Mashed Potatoes
- Gluten Free Items
- Sugar Free Items





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